

World No Tobacco Day



May 31st is World No Tobacco Day. The aim of this day is to raise awareness of the health issues of smoking. It is also to help people understand how addictive tobacco can be. In addition, the organizers hope that people who smoke will take a 24-hour break on this day. This day was started by the World Health Organization in 1987. World No Tobacco Day is supported by medical groups around the world. Many of these organizations try to encourage smokers to quit smoking.

Every year, the World Health Organization picks a theme for the day. This helps them send a message to people to warn them about the dangers of smoking. In the year 2000, they chose the theme "Tobacco kills, don't be duped". To be duped means to be tricked. They wanted people to realize that the dangers of smoking are real.

1. When is World No Tobacco Day?
 - a) March 31st
 - b) May 31st
 - c) July 31st
2. Who started this day?
 - a) medical groups
 - b) the World Health Organization
 - c) smokers wanting to quit smoking
3. Every year, there is a different theme for the day.
 - a) True
 - b) False
4. What does "to be duped" mean?
 - a) to be funny
 - b) to be healthy
 - c) to be tricked

Answers: 1. (b) 2. (b) 3. (a) 4. (c)

