

New Year's Resolutions



Vocabulary study worksheet

Use this worksheet to keep a record of vocabulary you want to learn from the **Headaches** article.

Word in English: realistic		Word in your own language:	
Definition: <i>having or showing a sensible and practical idea of what can be achieved or expected.</i>			
Sentence from the article: <i>The first way is to be realistic.</i>		Your own example sentence: <i>The plan to get such a high score on a really difficult test was not realistic.</i>	
Knowledge rating scale		Part of speech (noun/verb etc.): adjective	
I know it well			
I have seen or heard it before	0		
I have never seen or heard it before			

Word in English:		Word in your own language:	
Definition:			
Sentence from the article:		Your own example sentence:	
Knowledge rating scale		Part of speech (noun/verb etc.):	
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