

# The History of Sushi



Sushi was first made over 2000 years ago in Southeast Asia. Back then, people used to put salt on the fish to **keep** it from going bad. They would put the salted fish in a container with rice. After a few months, the fish could be eaten but the rice was thrown away. This sushi became popular all over China and it was introduced into Japan. The Japanese **preferred** to eat rice together with fish, so they ate the rice and fish together while the fish was still raw.

Later in the Edo period, Japanese people started making special rice for sushi. They **combined** rice with vinegar and vegetables. At the beginning of the 19th century, food stalls started selling sushi in Tokyo. It was very popular. Then in the 20th century, chefs from Tokyo started moving to other parts of Japan. They helped to make sushi popular all over Japan. Recently sushi has become a popular food in many other countries. Sushi is now eaten every day by millions of people all over the world.



1. According to the article, where did sushi come from?
  - a) Europe
  - b) North America
  - c) Africa
  - d) Asia
  
2. The word “keep” in paragraph 1 could best be replaced by:
  - a) stop
  - b) continue
  - c) attack
  - d) own
  
3. The word “preferred” in paragraph 1 is closest in meaning to:
  - a) disliked
  - b) hated
  - c) stopped
  - d) liked
  
4. The word “combined” in paragraph 2 is could be replaced by:
  - a) mixed
  - b) grew
  - c) drank
  - d) found
  
5. According to the article, where did sushi become popular in the 1800s?
  - a) Tokyo
  - b) all over Japan
  - c) all over the world
  - d) only in China

Answers: 1. (d) 2. (a) 3. (d) 4. (a) 5. (a)